



35 Nelson Avenue, Garden City, GA 31408  
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Office Hours: 10:00am to 2:00pm Monday - Thursday  
Closed on Fridays

Vol. 61 No. 8 February 24, 2021

Tommy Duke—Senior Pastor  
Randall Prantz—Associate Pastor  
Debbie Traywick—Worship Leader

### Celebrating a Birthday

March 1 Lois Hearn  
March 2 Hunter Triplett  
March 3 Maggie Hayes  
March 3 Howard West  
March 5 Allison Williford

### Celebrating an Anniversary

March 6 Mr. & Mrs. Chuck Austin

### OPPORTUNITIES

#### *Join Us Sunday!* February 28, 2021

9:30am – Church Library Open  
10:00am – Sunday School Groups  
11:00am – Morning Worship  
*(in-person or at FBCGC.live)*  
5:30pm – Youth Game Night  
6:00pm – GA Girls Meeting

### VITAL SIGNS

Budget Gifts Sunday .....\$5,755.12  
Budget Gifts to Date .....\$27,968.62

### MULTIPLE WAYS TO GIVE:

- **In-Person on Sundays**  
You can give using the offering plates at each Sunday service.
- **Online Giving**  
Give easily and securely at any time on our website: [www.FBCGC.net/giving](http://www.FBCGC.net/giving)
- **Text-to-Give**  
Using your smartphone, text the Amount You Want to Give to 84321
- **Mailed-in Giving**  
Mail your gift to the church office at:  
35 Nelson Ave, Garden City, GA 31408

### Serving Our Church on Sunday

#### Ushers

*(Ushers, please arrive 20 minutes before service)*  
Steve Britton, Gerald Ethridge,  
Chris Long, Rob Mucha, Warren Oglesby,  
Robert Riley, Ed Schaffer. A. J. Tovar,  
Luis Tovar, Tommy Triplett

#### Counters

David Traywick, Chairman  
Ed Schaffer, Tommy Triplett,  
David Williford

#### Lord's Supper

March 7, 2021  
During our Morning Worship.

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## ANXIETY EXPOSURE

This past weekend we started our new *EMOTIONS* teaching series, addressing the fact that God created each of us with the built-in capability to experience deep emotions and yet, for some reason, many of us never learn how to engage those emotions for His glory.

The Bible is full of examples of the emotions that Jesus felt and how the Lord interacted with those who were feeling the very same things that you and I feel. This series is designed to help us learn to process our feelings in a way that helps us and honors God.

This past Sunday's message was looking at the age-old question of "Where is God When I Hurt?" If you missed it, you can see the recording of the service online at FBCGC.live. The essence of the message, though, was that whenever you and I are hurting – physically, emotionally, spiritually – Jesus sees us.

He aches with compassion for us. He loves us so much that He reaches out to us in our pain, regardless of the lines He has to cross or the social or religious norms He has to violate. Jesus cares more about people than policies! And finally, He has the power to change our situation. In short, the answer to "where is God when I hurt?" is that He is right there with you.

No matter how you might be hurting today, remember that Jesus sees you, He aches with you, He loves you and is reaching out to you, and He – and He alone – has the power to change your situation!

This coming Sunday, February 28, we're going to dig into another emotion that is also misunderstood. Though the effects and extent may differ, I would imagine that almost all of us reading this have experienced anxiety at some point in our lives.

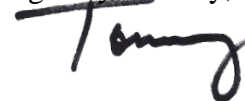
For some, maybe it's shown up on rare occasions when the pressures of life were unusually overwhelming. For others, it's a regular challenge, showing up like an uninvited, undesired guest at the least desirable moments... When you *really* need to get a good night's sleep or you just need to hold it together for an important meeting.

Regardless of how or when anxiety shows up, most of us suffer in silence – either paralyzed, embarrassed, or simply uncertain how to find relief.

That's the thing about anxiety – like many of our emotions – it's complicated. It can involve physiological, circumstantial, chemical, emotional, and spiritual components. But when it arrives, anxiety can leave us with racing thoughts, shortness of breath, feelings of helplessness, and overall panic. It's scary.

It may surprise you to know that Jesus suffered from anxiety too! That's what we're going to be looking at this Sunday – His example of how to face anxiety and find relief from it. I don't want you to miss this. It's also a great Sunday to invite a friend or family member to worship with us (in-person or online).

Praying for you today,



P.S. Worship with us this Sunday, February 28, for the next message in our *EMOTIONS* series, "Finding Relief from Anxiety." You can participate either In-Person or Online at FBCGC.live, this Sunday at 11:00am.

Oh – almost forgot - be on the lookout this Sunday for a special announcement and opportunity regarding Spring Groups... Can't wait to share with you!



### New Teaching Series

February 28: Finding Relief from Anxiety  
March 7: Angry Like Jesus  
March 14: Navigating Uncertainty  
March 21: Lost in Sadness? Experience Joy



### *Easter Lilies*



Orders are now being received from those who wish to place an Easter lily in the sanctuary on Easter Sunday, April 4th. Please fill out the form below and return it with cash or check payable to First Baptist Church. The lilies may be placed in Honor or Memory of a loved one.

**Sunday, February 28, is the deadline for placing orders. A list will be published in the bulletin on Easter Sunday, April 4.**

Name \_\_\_\_\_

I will give \_\_\_\_\_ lilies at \$13.00 each.

In Honor of \_\_\_\_\_

In Memory of \_\_\_\_\_

I will pick up my Easter lily after Morning Service.

I will leave my Easter lily for a Shut in.