

EMOTIONS

MESSAGE NOTES

Angry Like Jesus

Sunday, March 7 | Tommy Duke
First Baptist Church of Garden City

IS IT A SIN TO BE ANGRY? (Circle One)

YES NO

“Be angry, and do not sin’: do not let the sun go down on your wrath, nor give place to the devil.” – Ephesians 4:26-27

“Then Jesus went into the temple of God and drove out all those who bought and sold in the temple, and overturned the tables of the money changers and the seats of those who sold doves. And He said to them, ‘It is written, “My house shall be called a house of prayer,” but you have made it a “den of thieves.”’ Then the blind and the lame came to Him in the temple, and He healed them.”
– Matthew 21:12-14

- JESUS IS KNOWN FOR HIS _____, NOT HIS _____.

TO MANAGE MY ANGER LIKE JESUS, WHEN I AM ANGRY I MUST:

- 1) EVALUATE WHAT _____ MY ANGER...

...BECAUSE JESUS WAS ANGRY ON _____.

“Then Jesus went into the temple of God and drove out all those who bought and sold in the temple...”
– Matthew 21:12

“Thus says the Lord: ‘Execute judgment and righteousness, and deliver the plundered out of the hand of the oppressor. Do no wrong and do no violence to the stranger, the fatherless, or the widow, nor shed innocent blood in this place.’” – Jeremiah 22:3

- 2) CONTROL MY _____ TO ANGER...

...BECAUSE JESUS TURNED TABLES INSTEAD OF _____.

“...and overturned the tables of the money changers and the seats of those who sold doves. And He said to them, ‘It is written, “My house shall be called a house of prayer,” but you have made it a “den of thieves.”’” – Matthew 21:12-13

Memory Verse:

“So then, my beloved brethren, let every man be swift to hear, slow to speak, slow to wrath; for the wrath of man does not produce the righteousness of God.” – James 1:19-20

3) DIRECT MY _____ WHEN ANGRY...

...BECAUSE JESUS _____ HURTING PEOPLE.

“Then the blind and the lame came to Him in the temple, and He healed them.”
– Matthew 21:14

4) DECIDE BEFORE I GET ANGRY...

...THAT I WILL _____.

“And you, being dead in your trespasses and the uncircumcision of your flesh, He has made alive together with Him, having forgiven you all trespasses, having wiped out the handwriting of requirements that was against us, which was contrary to us. And He has taken it out of the way, having nailed it to the cross. Having disarmed principalities and powers, He made a public spectacle of them, triumphing over them in it.” – Colossians 2:13-15

MY NEXT STEP TODAY IS TO:

- Memorize James 1:19-20.
- Carefully evaluate what prompts my anger.
- Choose not to take out my anger on people this week.
- Look for opportunities to respond to my anger with love.

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