

# LIES SMART PEOPLE BELIEVE

MESSAGE NOTES

## GOD WON'T GIVE ME MORE THAN I CAN HANDLE

Sunday, August 22 | Tommy Duke  
First Baptist Church of Garden City

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### 3 LIES SMART PEOPLE BELIEVE WHEN OVERWHELMED:

- This can't really be happening to *me* because I am a follower of Jesus.  
*John 16:33*
- My circumstances are more than I can handle, so God must have a way for me to get out of them.  
*1 Corinthians 10:13; Psalm 23:4*
- People keep offering to help, but I can get through this tough situation – God has me covered.  
*Joshua 1:9; Ecclesiastes 4:9-10; 1 Corinthians 12:26*

### *The God's Honest Truth:*

**THIS LIFE WILL BE \_\_\_\_\_, BUT I DON'T HAVE TO \_\_\_\_\_.**

*"When you go through deep waters, I will be with you. When you go through rivers of difficulty, you will not drown. When you walk through the fire of oppression, you will not be burned up; the flames will not consume you. For I am the Lord, your God, the Holy One of Israel, your Savior."*

*– Isaiah 43:2-3 (NLT)*

### 5 CHOICES I MAKE WHEN LIFE IS TOO MUCH:

1. I \_\_\_\_\_ THAT I WILL \_\_\_\_\_ IN THIS WORLD.

*"Save me, O God! For the waters have come up to my neck. I sink in deep mire, where there is no standing; I have come into deep waters, where the floods overflow me." – Psalm 69:1-2*

*"O our God, won't you stop them? We are powerless against this mighty army that is about to attack us. We do not know what to do, but we are looking to you for help." – 2 Chronicles 20:12 (NLT)*

2. I \_\_\_\_\_ THAT SOME DIFFICULTIES ARE \_\_\_\_\_  
ALONE.

*“I am the vine, you are the branches. He who abides in Me, and I in him, bears much fruit; for without Me you can do nothing.” – John 15:5*

*“Not that we are sufficient of ourselves to think of anything as being from ourselves, but our sufficiency is from God...” – 2 Corinthians 3:5*

3. I \_\_\_\_\_ GOD TO \_\_\_\_\_ WHEN THE LOAD IS TOO MUCH FOR ME.

*“Praise the Lord; praise God our savior! For each day he carries us in his arms.”  
– Psalm 68:19 (NLT)*

Memory Verse:

*“Give your burdens to the Lord, and he will take care of you. He will not permit the godly to slip and fall.” – Psalm 55:22 (NLT)*

4. I \_\_\_\_\_ TO GOD WHEN I'M \_\_\_\_\_.

*“And the angel of the Lord came back the second time, and touched him, and said, ‘Arise and eat, because the journey is too great for you.’” – 1 Kings 19:7*

*“We think you ought to know, dear brothers and sisters, about the trouble we went through in the province of Asia. We were crushed and overwhelmed beyond our ability to endure, and we thought we would never live through it. In fact, we expected to die. But as a result, we stopped relying on ourselves and learned to rely only on God, who raises the dead.” – 2 Corinthians 1:8-9 (NLT)*

5. I \_\_\_\_\_ GOD TO POINT ME IN THE \_\_\_\_\_.

*“Trust in the Lord with all your heart, and lean not on your own understanding; In all your ways acknowledge Him, and He shall direct your paths.” – Proverbs 3:5-6*

**MY NEXT STEP TODAY IS TO:**

- Memorize Psalm 55:22.
- Look for opportunities to be the hands and feet of Jesus this week.
- Intentionally hand over my burdens to God.
- Trust the Lord and ask Him for direction in a current situation.

**Join Us Again Next Sunday:**  
**“LIES SMART PEOPLE BELIEVE...”**  
***God Doesn't Care about the Small Things***

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