

#struggles

message notes

Contentment

Sunday, February 13 | Tommy Duke
First Baptist Church of Garden City

MY DISCONTENTMENT SELF-ASSESSMENT

- MATERIAL & FINANCIAL
- RELATIONAL
- CIRCUMSTANTIAL

Memory Verse:

“I know how to live on almost nothing or with everything. I have learned the secret of living in every situation, whether it is with a full stomach or empty, with plenty or little. For I can do everything through Christ, who gives me strength.” – Philippians 4:12-13 (NLT)

THROUGH CHRIST’S STRENGTH, I CAN...

- **AVOID THE TRAP OF _____.**

*“For we dare not class ourselves or compare ourselves with those who commend themselves. But they, measuring themselves by themselves, and comparing themselves among themselves, are not wise.”
– 2 Corinthians 10:12 (NKJV)*

COMPARISON OFTEN LEADS ME TO:

1. _____ **BECAUSE I FEEL SUPERIOR.**
2. _____ **BECAUSE I FEEL INFERIOR.**

• **B _____ FOR MY OWN LIFE.**

“Pay careful attention to your own work, for then you will get the satisfaction of a job well done, and you won’t need to compare yourself to anyone else. For we are each responsible for our own conduct.”
– Galatians 6:4-5 (NLT)

“For we must all stand before Christ to be judged. We will each receive whatever we deserve for the good or evil we have done in this earthly body.” – 2 Corinthians 5:10 (NLT)

• **C _____ FOR GOD’S BLESSINGS.**

“For the despondent, every day brings trouble; for the happy heart, life is a continual feast.”
– Proverbs 15:15 (NLT)

“Enjoy what you have rather than desiring what you don’t have. Just dreaming about nice things is meaningless—like chasing the wind.” – Ecclesiastes 6:9 (NLT)

• **DECIDE TO _____ WITH JESUS’ HELP.**

“Don’t copy the behavior and customs of this world, but let God transform you into a new person by changing the way you think. Then you will learn to know God’s will for you, which is good and pleasing and perfect.” – Romans 12:2 (NLT)

MY NEXT STEP TODAY IS TO:

- Memorize Philippians 4:12-13.
- Ask for God’s help in avoiding comparisons this week.
- Take time today to focus on thanking God for my blessings.
- Sign Up for Spring Growth Group# _____.

Join us again next weekend as we continue our #STRUGGLES teaching series, looking at God’s help in our relationships. Invite a friend to join you!

** Bible verses are from the New King James Versions (NKJV) or the New Living Translation (NLT) unless otherwise noted.*