

FEAR < LESS

MESSAGE NOTES

What Are You Afraid Of? Easter Sunday, April 17 | Tommy Duke First Baptist Church of Garden City *****

The First Easter (Resurrection Sunday):

“Early on Sunday morning, as the new day was dawning, Mary Magdalene and the other Mary went out to visit the tomb. Suddenly there was a great earthquake! For an angel of the Lord came down from heaven, rolled aside the stone, and sat on it.” – Matthew 28:1-2 (NLT)

At Jesus’ Death:

“At that moment the curtain in the sanctuary of the Temple was torn in two, from top to bottom. The earth shook, rocks split apart...” – Matthew 27:51 (NLT)

A Storm at Sea:

“Then Jesus got into the boat and started across the lake with his disciples. Suddenly, a fierce storm struck the lake, with waves breaking into the boat. But Jesus was sleeping. The disciples went and woke him up, shouting, ‘Lord, save us! We’re going to drown!’

Jesus responded, ‘Why are you afraid? You have so little faith!’ Then he got up and rebuked the wind and waves, and suddenly there was a great calm. The disciples were amazed. ‘Who is this man?’ they asked. ‘Even the winds and waves obey him!’” – Matthew 8:23-27 (NLT)

ALL OF MY FEARS ARE NOT _____.

*“Fear of the Lord is the foundation of wisdom. Knowledge of the Holy One results in good judgment.”
– Proverbs 9:10 (NLT)*

FOUR TRUTHS ABOUT FEARING LESS IN OUR FRIGHTENING WORLD:

1. I CAN EXPECT _____ IN THIS LIFE.

(Jesus) “...Here on earth you will have many trials and sorrows. But take heart, because I have overcome the world.” – John 16:33 (NLT)

*“Yes, and everyone who wants to live a godly life in Christ Jesus will suffer persecution.”
– 2 Timothy 3:12 (NLT)*

2. MY UNHEALTHY FEARS THREATEN TO...

- _____ MY _____.

“Jesus reached out and touched him. ‘I am willing,’ he said. ‘Be healed!’ And instantly the leprosy disappeared.” – Matthew 8:3 (NLT)

- _____ MY _____.

(Jesus) “So don’t worry about tomorrow, for tomorrow will bring its own worries. Today’s trouble is enough for today.” – Matthew 6:34 (NLT)

- _____ MY _____.

“...The disciples woke him up, shouting, ‘Teacher, don’t you care that we’re going to drown?’
” – Mark 4:38 (NLT)

3. MY _____ CAN CONQUER MY _____.

“Jesus responded, ‘Why are you afraid? You have so little faith!’” – Matthew 8:26 (NLT)

Memory Verse:

“...the Spirit who lives in you is greater than the spirit who lives in the world.” – 1 John 4:4 (NLT)

4. MY RELATIONSHIP WITH JESUS PROVIDES:

- HIS _____ TO _____ ME WHEN I’M AFRAID.

“Jesus was sleeping at the back of the boat with his head on a cushion.” – Mark 4:38 (NLT)

“Don’t worry about anything; instead, pray about everything. Tell God what you need, and thank him for all he has done. Then you will experience God’s peace, which exceeds anything we can understand. His peace will guard your hearts and minds as you live in Christ Jesus.” – Philippians 4:6-7 (NLT)

- HIS _____ SO I AM _____.

(Jesus) “...And be sure of this: I am with you always, even to the end of the age.” – Matthew 28:20 (NLT)

- HIS _____ TO _____ MY SITUATION.

“The disciples were amazed. ‘Who is this man?’ they asked. ‘Even the winds and waves obey him!’”
– Matthew 8:27 (NLT)

MY NEXT STEP TODAY IS TO:

- Memorize 1 John 4:4.
- Become a follower of Jesus today for the first time.
- Intentionally evaluate my current fears and hand them over to Jesus.
- Commit to attend each week of the *FEAR<LESS* teaching series, each weekend at FBC, as much as possible.

*Join us next Sunday, April 24, for *Homecoming @ FBC*, and we’ll continue our new teaching series *FEAR<LESS: Choosing Faith in a Frightening World*.

Bible verses are from the New King James Versions (NKJV) or the New Living Translation (NLT) unless otherwise noted.

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