

# AWAY OUT

message notes

## Living By the Spirit

Sunday, February 18 | Cade Kirkland  
First Baptist Church of Garden City

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### Memory Verse:

*“If you think you are standing strong, be careful not to fall. The temptations in your life are no different from what others experience. And God is faithful. He will not allow the temptation to be more than you can stand. When you are tempted, he will show you a way out so that you can endure.”*

– 1 Corinthians 10:12-13

**MATTER WHAT MY \_\_\_\_\_  
GOD PROMISES TO PROVIDE \_\_\_\_\_.**

**IN EACH CHRIST FOLLOWER TWO FORCES ARE BATTLING:**

- **THE \_\_\_\_\_.**
- **MY \_\_\_\_\_.**

*“So I say, let the Holy Spirit guide your lives. Then you won’t be doing what your sinful nature craves. The sinful nature wants to do evil, which is just the opposite of what the Spirit wants. And the Spirit gives us desires that are the opposite of what the sinful nature desires. These two forces are constantly fighting each other, so you are not free to carry out your good intentions.”*

– Galatians 5:16-17

**FROM GOD’S CREATION WE CAN OBSERVE THAT:**

- **WHAT WE \_\_\_\_\_.**
- **WHAT WE \_\_\_\_\_.**

**I SHOULD PRACTICE \_\_\_\_\_.**

**TO OVERCOME TEMPTATIONS AND  
LIVE BY THE SPIRIT, I MUST...**

• **L \_\_\_\_\_ OF THE HOLY SPIRIT.**

*“Therefore, dear brothers and sisters, you have no obligation to do what your sinful nature urges you to do. For if you live by its dictates, you will die. But if through the power of the Spirit you put to death the deeds of your sinful nature, you will live.” – Romans 8:12-13*

*“...Work hard to show the results of your salvation, obeying God with deep reverence and fear. For God is working in you, giving you the desire and the power to do what pleases him.” –  
Philippians 2:12-13*

• **L \_\_\_\_\_ OF THE HOLY SPIRIT.**

*“Those who belong to Christ Jesus have nailed the passions and desires of their sinful nature to his cross and crucified them there. Since we are living by the Spirit, let us follow the Spirit’s leading in every part of our lives.” – Galatians 5:24-25*

*“...the Spirit who lives in you is greater than the spirit who lives in the world.” – 1 John 4:4*

**MY NEXT STEP TODAY IS TO:**

- Memorize 1 Corinthians 10:12-13.
- Ask for God’s help in starving my sinful nature and feeding the Spirit.
- Intentionally listen to the promptings of the Holy Spirit this week.
- RSVP for Membership Class on Sunday, March 3 (Lunch Provided, Childcare Available Upon Request).
- Sign Up for Spring Growth Group # \_\_\_\_\_

\* Join us again next Sunday, February 25, for the conclusion of our *A Way Out* teaching series, called “Feed Your Spirit.” It’s a great Sunday to invite your friends and family to worship with us at 11:00am.



*Bible verses are from the New Living Translation (NLT) unless otherwise noted.*

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**First Baptist Church of Garden City**  
www.FBCGC.net | 912-964-1448  
35 Nelson Avenue, Garden City, GA 31408

